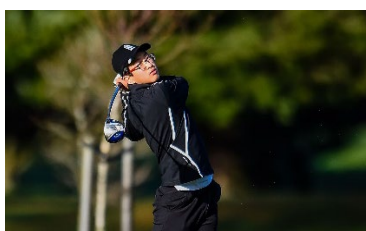




# 2023 SPORT HANDBOOK

FOR BURNSIDE HIGH SCHOOL **STUDENTS AND PARENTS**



## Welcome from the Sports Department

Welcome to sport at Burnside High School. This handbook has been prepared to provide information about the available sports, procedures, expectations, costs and school sporting fixtures at Burnside High School. All information within the sports handbook is subject to change and costs indicated are approximate only.

The Sports Department along with Teachers in Charge, coaches, managers and parents all devote time, energy and expertise to ensure that BHS students have many exciting sport codes to choose from. There are currently over 40 sports on offer across a range of different grades. Regardless of whether the goal is to win, learn new skills, make friends or just have fun, there is definitely something for everyone. Our students compete with distinction locally and nationally. We encourage and support both participation orientated athletes and elite athletes.

We hope you will take advantage of the many opportunities that our sports programme provides and we look forward to helping you achieve your sporting goals.

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# INTRODUCTION

## SPORTS OFFICE

### **SPORTS COORDINATORS**

Tracy Taylor

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Email: [tat@burnside.school.nz](mailto:tat@burnside.school.nz)

Rozz Guillemot

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Email: [glr@burnside.school.nz](mailto:glr@burnside.school.nz)

### **SPORTS OFFICE, HUNTER GYM**

Email: [sport@burnside.school.nz](mailto:sport@burnside.school.nz)

Web: [www.burnside.school.nz](http://www.burnside.school.nz)

Facebook: <https://www.facebook.com/burnsidehighschool/>

## SPORTS DEPARTMENT

### **HEAD OF SPORT – DARRYN FINDLAY**

The Head of Sport has overall authority for extra-curricular sport and reports to the Principal and Board of Trustees.

### **SPORTS COORDINATORS - TRACY TAYLOR & ROZZ GUILLEMOT**

The Sports Coordinators are responsible for coordinating all extra-curricular sport offered at BHS as well as promoting sports to students, encouraging students to participate in sport, communicating with and managing the Sports Council and Sports Department.

### **TEACHERS IN CHARGE (TIC)**

Each sport is allocated a Teacher in Charge who coordinates registrations, teams, coaches and managers, transport if required, umpiring, communication with the team and team personnel, team registrations, uniform and tournament logistics if applicable. *See the list of sports for the Teacher in Charge.*

### **SPORTS COUNCIL**

The Sports Council promote participation and support in all sports and are available to attend school sporting events as volunteers to assist with marshalling, scoring, supervision and coordination. The Sports Council is responsible for promoting and running lunchtime sports activities to get students more involved in sport. The Sports Council reports to the Sports Office.



## EXTRA-CURRICULAR PURPOSE

To provide our students with a wide range of extra-curricular opportunities and experiences to help them realise their full potential both as learners and well-rounded New Zealanders. To encourage and support staff and students to take part in the extra-curricular programme at all levels of performance, whether it be for the simple pleasure of participation, the satisfaction of setting and achieving personal goals or the attainment of excellence at the elite level.

### AIMS

- Enhance the profile of sport at the school, within the school and the community
- Increase participation in sport
- Increase the quality of student participation in sport
- Assist students in gaining enjoyment from sport
- Delivering sport safely to students
- Catering for the different needs of all students



be respectful have pride strive to excel  
Personal excellence and care for others

### GUIDELINES

- Students are able to participate in a wide variety of sports across a range of different levels.
- Participation will be approved only on the basis that students complete and return a signed code of conduct, signed permission form and meet all payment requirements.
- Participation in a school sports team is considered to be a privilege, participation therefore will continue only on the basis that students meet the requirements in terms of commitment, attitude and behaviour outlined in the player code of conduct.
- All efforts are made to ensure that there are sufficient coaches, managers and supervisors to meet the participation and interest levels of students participating in sport.
- No team will be entered into any form of competition unless the team has a responsible individual who is willing to undertake the role and responsibilities of the team manager.
- The school will recognise and celebrate both individual and team sporting success.

# SPORTS

## STUDENT ELIGIBILITY

Students wishing to participate in extra-curricular sport at Burnside High School must:

- Ensure all financial payments from previous and current years are paid before a student can be enrolled in a sport. Exceptions when hardship or payment plans are in place.
- Maintain 85% attendance across the year. Unless absence has been prior approved by the Head of Sport, absence is for school related activity, or exceptional circumstances whereby the ultimate decision will lie with school management.
- Attend a minimum 80% of all of the sport's practices, games and events.

A student eligible to compete in NZSSSC sanctioned events, including qualifying events must:

- Be enrolled as a bona fide (Year 9 or above) student at the school of representation and studying at least 80% of a programme that is part of the timetable provided by the school.
- Have a satisfactory attendance record at the school.
- Be under 19 years of age at the first of January in the year of the competition.
- All teams and individuals participating in National or South Island events must be declared at the date prescribed by the accredited sporting body.

## SPORTS ORGANISATIONS

Most of the school sports activities we participate in are those sanctioned by:

- School Sport Canterbury - <http://www.canterbury.schoolsport.org.nz> –
- NZ Secondary School Sports Council - <http://www.nzsssc.org.nz>

## SUMMER/WINTER CODES

**Summer** sports are played Terms 1 and 4 with Summer Tournament Week near the end of Term 1.

**Winter** sports are played Terms 2 and 3 with Winter Tournament Week near the end of Term 3.

### ***PARTICIPATING IN TWO SPORTS IN THE SAME SEASON***

It is encouraged students choose more than one sport in the same season as long as they follow these guidelines and/or discuss them with the TIC of each sport:

- Contact sports - It is encouraged students play only one high contact sport in each season. Four or more contact practices per week and two contact games for young adolescents is excessive allowing little time for recovery both physically and mentally.
- Grade Competition - Students who are participating in more than one 'A' grade team in the same season should discuss practices, games and tournament schedules with **both TICs** prior to committing to both teams.
- Commitment - Students must commit to all practices, games and events related to the chosen sports and be able to compete to the best of their abilities.



## SPORT OPPORTUNITIES

SUMMER	WINTER	VARIOUS (Term 1 – 4)
Athletics*	Badminton	Archery - All
Canoe Polo	Basketball	BeachNet – T1
Cricket - Club	Cross Country	Cricket* - T1, T4
Floorball	Cycling (Road)	Equestrian - All
Futsal	Gym Sports*	Fencing - All
Indoor Netball	Football	Golf* - T1, T3
Ki O Rahi	Hockey	Orienteering – T1
Korfball	Netball	Pistol Shooting - All
Lawn Bowls	Road Race	Waka Ama – T1
Mountain Biking	Rugby*	Wall Climbing - All
Multisport	Snow Sports	
Rowing	Squash	
Softball	Table Tennis	
Surfing	Underwater Hockey	
Swimming*		
Tennis		
Touch		
Volleyball		
Water Polo		

\*Students must belong to an outside club, but can compete for BHS at Secondary School Competitions.

## TOURNAMENTS

There are a variety of tournaments at junior and senior level during the year. Most major tournaments and competitions take place during tournament weeks both in summer and winter. Selection for these teams is based on players that play in the top teams throughout the season. Team players are not guaranteed to play in the tournament team. This will be selected on skill, attitude, school attendance, coach and manager feedback and financial status. Tournament information is made available to the relevant teams as appropriate.

### TOURNAMENT PAYMENT

All tournament expenses, including entry fees are charged to students and/or funded through fundraising, sponsorship or grants. For tournaments involving substantial costs a non-refundable confirmation deposit will be requested for payment at least four weeks prior to the tournament. Parents will need to sign and return the permission slip and pay the deposit before the student can be considered confirmed for the tournament.

Projected costs and an outline of the proposed payment schedule (where appropriate which includes specified milestone dates) will be sent in a letter to all parents/caregivers. All tournament fees are required to be paid in full at least two weeks prior to the tournament departure date. Students who have not paid will not be able to participate.

In the event that it is possible to refund any surplus payments after the trip has returned, the TIC will inform parents and funds will be credited to the student's school account, unless parents contact the Assistant Accountant ([mcs@burnside.school.nz](mailto:mcs@burnside.school.nz)) to make alternative arrangements.



## SPORTS INFORMATION

Please note the information below may change during the year, and costs indicated are approximate only. Registration information and trial dates are advertised in the daily school notices. All students are encouraged to check these regularly.

### ARCHERY - ALL YEAR

**Teacher in Charge:** Sports Office / Outside Provider (MC Archery)

**Subs (est):** \$100 per term

**Playing Day/s:** Various

**Venues:** BHS Lower Field

### ATHLETICS - TERMS 1 & 4

**Teacher in Charge:** Mrs S. Pooch

**Subs (est):** \$40

**Transport:** Bus and own

**Venues:** Ngā Puna Wai/Nationals Tauranga

**Uniform:** Issued singlet and trackpants - Own PE uniform

**Tournaments:** CSS, SISS, NZSS

**Costs (est):** \$30 (CSS), \$250 (SISS), \$650 (NZSS)

### BADMINTON - TERMS 2 & 3

**Teacher in Charge:** Mr M. Paull

**Subs (est):** \$50

**Trials held:** May

**Playing Day/s:** Wed After-School

**Venues:** Various

**Uniform:** PE uniform

**Tournaments:** CSS

### BASKETBALL - COMPETITIVE - TERMS 2 & 3

**Teacher in Charge:** Mrs R. Guillemot

**Subs (est):** \$250 - \$400

**Trials held:** Feb/March

**Playing Day/s:** Tuesday nights and Saturday

**Venues:** Various Gyms

**Uniform:** Issued uniform

**Tournaments:** SISS, NZSS, Jnr NZSS

**Costs (est):** \$600 (SISS & Jnr), \$1200 (NZSS)

### BASKETBALL - SOCIAL FRIDAY - TERMS 2 & 3

**Teacher in Charge:** Mrs R. Guillemot

**Subs (est):** \$90

**Playing Day/s:** Friday nights

**Venues:** Various Gyms

**Uniform:** Issued jersey - Own black shorts

### CANOE POLO - TERMS 1 & 3, 4

**Teacher in Charge:** Mr C. Johnston

**Subs (est):** \$75 T1 \$45 T4

**Transport:** Own + Minivan

**Playing Day/s:** Wed After-School

**Venues:** Lake Roto Kohatu

**Uniform:** Own  
**Tournaments:** SISS  
**Costs (est):** \$200

### CRICKET - BOYS - TERMS 1 & 4

**Teacher in Charge:** Mrs R. Guillemot  
**Subs (est):** Club subs  
**Playing Day/s:** Saturday  
**Uniform:** Issued top - Own white pants  
**Tournaments:** NZCT (Y9), Gillette 1st XI Cup  
**Costs (est):** \$20-\$25

### CRICKET - GIRLS - TERM 1

**Teacher in Charge:** Mr C Green  
**Subs (est):** \$30  
**Playing Day/s:** NZCT cup (2 days)  
**Venues:** Hagley's Polo Grounds  
**Uniform:** Issued top - Own white pants  
**Tournaments:** NZCT  
**Costs (est):** \$15-\$20

### CROSS COUNTRY - TERM 2

**Teacher in Charge:** Mrs S. Pooch  
**Subs (est):** \$30  
**Transport:** Bus and own  
**Venues:** Ascot Park / Hawera Nationals  
**Uniform:** Issued singlet and track pants - Own shorts  
**Tournaments:** CSS, NZSS  
**Costs (est):** \$15 (CSS), \$30 (CC), \$600 (NZSS)

### CYCLING - TERMS 2 & 3

**Teacher in Charge:** Mrs R. Guillemot  
**Subs (est):** \$40  
**Trials held:** N/A - all abilities welcome, incl beginners  
**Transport:** Own  
**Playing Day/s:** Wed After-School  
**Venues:** Old Tai Tapu Road  
**Uniform:** Issued jacket /top - Own bike shorts  
**Tournaments:** SISS, NZSS  
**Costs (est):** \$250

### EQUESTRIAN - ALL YEAR

**Teacher in Charge:** Ms K. Ogilvie  
**Subs (est):** pay per event  
**Venues:** McLeans Island, Ellesmere A&P Showgrounds  
**Uniform:** Issued top - Own jodhpurs and tie

**Tournaments:** CSS - Show Jumping, Dressage, Trials  
**Costs (est):** \$50 per event

### FENCING - TERMS 2 & 3

Runs all year  
**Teacher in Charge:** Mrs R. Guillemot / Outside Provider  
**Subs (est):** \$100 per term (includes all fencing equipment for use in class & Fencing New Zealand annual club fencer membership)  
**Information & Sign Up:** Beginning of each term  
**Playing Days:** Tuesday after School  
**Venues:** BHS Dance Room  
**Uniform:** Own  
**Tournaments:** Mid South SS, NZSS, Mid South U15 & U17, NZ U15 & U17

### FOOTBALL - BOYS - TERMS 2 & 3

**Teacher in Charge:** Mr D. Williams  
**Subs (est):** \$50 - \$185  
**Trials held:** February  
**Transport:** Own  
**Playing Day/s:** Wed After-School  
**Venues:** Canterbury Schools, CFC and English Park  
**Uniform:** Issued  
**Tournaments:** CSS, NZSS  
**Costs (est):** \$600-\$900

### FOOTBALL - GIRLS - TERMS 2 & 3

**Teacher in Charge:** Mr S. Manners  
**Subs (est):** \$80  
**Trials held:** February  
**Playing Day/s:** Wed After-School  
**Venues:** Canterbury Schools  
**Uniform:** Issued  
**Tournaments:** CSS, NZSS  
**Costs (est):** \$900

### FUTSAL - TERMS 1 & 4

**Teacher in Charge:** Sports Office  
**Subs (est):** \$45 per term  
**Trials held:** Feb/Sept  
**Playing Day/s:** Wed After-School  
**Venues:** Various  
**Uniform:** PE uniform  
**Tournaments:** CSS, NZSS



## **GOLF - ALL YEAR**

**Teacher in Charge:** Mrs T. Taylor  
**Subs (est):** pay per event  
**Uniform:** Issued top and hat - Own pants  
**Tournaments:** CSS, SISS, NZSS  
**Costs (est):** \$20 (CSS), \$200 (SISS), \$200 (NZSS)

## **GYMSPORTS - TERMS 2 & 3**

**Teacher in Charge:** Sports Office  
**Subs (est):** pay per event  
**Uniform:** Own  
**Tournaments:** CSS, NZCAF  
**Costs (est):** \$10 - \$50

## **HOCKEY - TERMS 2 & 3**

**Teacher in Charge:** Mrs T. Taylor  
**Subs (est):** \$175 - \$300  
**Trials held:** March  
**Playing Day/s:** Mon, Wed, Fri or Sat  
**Venues:** Nunweek Park or Marist Park  
**Uniform:** Issued  
**Tournaments:** NZSS  
**Costs (est):** \$800 - \$1000

## **ICE HOCKEY - TERMS 2 & 3**

**Teacher in Charge:** Mrs T. Taylor  
**Subs (est):** Club subs  
**Playing Day/s:** Saturday  
**Venues:** Alpine Ice Arena  
**Uniform:** Issued by club  
**Tournaments:** SISS

## **KI O RAHI - TERMS 1 & 3/4**

**Teacher in Charge:** Mr S. Manners  
**Subs (est):** \$25  
**Trials held:** February  
**Uniform:** Issued top - Own black shorts  
**Tournaments:** Ara Schools Comp  
**Costs (est):** \$10

## **KORFBALL - TERMS 1 & 4**

**Teacher in Charge:** Mrs T. Taylor  
**Subs (est):** \$50 per term  
**Trials held:** Feb, Sept, Oct (#s dependent)  
**Playing Day/s:** Friday 4-8pm & 1 x 2Day Comp in Term 3  
**Venues:** Bishopdale YMCA

**Uniform:** Issued top - Own black shorts,  
 Juniors - Own PE uniform  
**Tournaments:** SISS  
**Costs (est):** \$25-35

## **LAWN BOWLS - TERMS 1 & 4**

**Teacher in Charge:** Sports Office  
**Subs (est):** \$15 - \$20 per term  
**Playing Day/s:** Wed After-School  
**Venues:** Bowls Canty Green  
**Uniform:** PE uniform  
**Tournaments:** CSS, SISS  
**Costs (est):** \$25

## **MOUNTAIN BIKING - TERMS 1 & 4**

**Teacher in Charge:** Mrs R. Guillemot  
**Subs (est):** \$30  
**Playing Day/s:** Wed After-School  
**Venues:** Halswell Quarry Tracks  
**Uniform:** Issued top - Own pants  
**Tournaments:** CSS  
**Costs (est):** \$10

## **MULTISPORT - DUO/TRI - ALL YEAR**

**Teacher in Charge:** Mrs R. Guillemot  
**Subs (est):** pay per event  
**Uniform:** Issued singlet/cycle top - Own shorts  
**Tournaments:** CSS, SISS, NZSS

## **NETBALL - TERMS 2 & 3**

**Teacher in Charge:** Ms T. Smith  
**Subs (est):** \$130 - \$220  
**Trials held:** Feb/March  
**Playing Day/s:** Saturday and Wed After-School (for some teams)  
**Venues:** Hagley Park (Sat), Various (Wed)  
**Uniform:** Issued  
**Tournaments:** SISS  
**Costs (est):** \$600

## **ORIENTEERING - T 1, 2 & 3**

**Teacher in Charge:** Mrs T. Taylor  
**Subs (est):** pay per event  
**Playing Day/s:** Tues After-School  
**Venues:** Various



## PISTOL SHOOTING - ALL YEAR

**Teacher in Charge:** Sports Office  
**Subs (est):** \$50 per term  
**Playing Day/s:** Wed After-School  
**Venues:** ChCh Pistol Club  
**Uniform:** Own clothing and eye protection  
**Tournaments:** NZSS

## ROAD RACE - TERMS 2 & 4

**Teacher in Charge:** Mrs S. Pooch  
**Subs (est):** \$30  
**Venues:** Canterbury Agricultural Park/  
 Tauranga Nationals

## ROWING - TERMS 1 & 4

**Teacher in Charge:** Ms S. Moloney & Ms L. McLachlan  
**Subs (est):** \$2500-\$3000  
**Trials held:** Sept/Oct  
**Venues:** Kerrs Reach, Lake Hood and Lake Ruataniwha  
**Uniform:** Purchased row suit, cap, singlet  
**Tournaments:** SISS, NZSS  
**Costs (est):** \$2500 - \$3000

## RUGBY - BOYS - TERMS 2 & 3

**Teacher in Charge:** Mrs R. Guillemot / BRFC  
**Subs (est):** \$125  
**Trials held:** Mar/Apr  
**Playing Day/s:** Saturday  
**Venues:** Various  
**Uniform:** Issued jersey - Own black shorts and socks

## RUGBY - GIRLS - TERMS 2 & 3

**Teacher in Charge:** Mrs R. Guillemot  
**Subs (est):** \$50  
**Trials held:** March  
**Playing Day/s:** Wed After-School  
**Venues:** Various  
**Uniform:** Issued jersey - Own black shorts and socks

## SNOW SPORTS - TERMS 2 & 3

**Teacher in Charge:** Mr C. Johnston  
**Subs (est):** \$110 per event  
**Transport:** Provided  
**Playing Day/s:** Weekends  
**Venues:** Mount Hutt  
**Uniform:** Own

**Tournaments:** CSS, SISS  
**Costs (est):** \$70-\$100 (CSS), \$250 (SISS)

## SOFTBALL - TERMS 1 & 4

**Teacher in Charge:** Ms H. Townsend  
**Subs (est):** \$30  
**Trials held:** February  
**Playing Day/s:** Wed After-School  
**Venues:** BHS and Various  
**Uniform:** Issued top and shorts  
**Tournaments:** SISS  
**Costs (est):** \$200

## SQUASH - TERMS 2 & 3

**Teacher in Charge:** Sports Office  
**Subs (est):** \$50  
**Trials held:** April  
**Playing Day/s:** Wed After-School  
**Venues:** Various  
**Uniform:** PE uniform  
**Tournaments:** CSS, NZSS  
**Costs (est):** \$450 NZSS

## SURFING - TERMS 1 & 4

**Teacher in Charge:** Mr S. Manners  
**Subs (est):** club subs  
**Playing Day/s:** Thur (Term 1), Fri (Term 4)  
**Venues:** Sumner Scarborough Beach  
**Uniform:** Own, Gear issued  
**Tournaments:** CSS  
**Costs (est):** \$30

## SWIMMING - TERMS 1 & 3

**Teacher in Charge:** Mr W. Boyd  
**Subs (est):** pay per event  
**Venues:** Jellie Park Sports Pool  
**Uniform:** Issued BHS cap - Own togs  
**Tournaments:** CSS

## TABLE TENNIS - TERMS 2 & 3

**Teacher in Charge:** Mrs T. Taylor  
**Subs (est):** \$30  
**Trials held:** April  
**Playing Day/s:** Wed After-School  
**Venues:** Table Tennis Hall, Blenheim Rd  
**Uniform:** PE uniform  
**Tournaments:** CSS, NZSS  
**Costs (est):** \$25 (CSS)



### TENNIS - TERMS 1 & 4

**Teacher in Charge:** Mrs L. Parrett

**Subs (est):** \$25 per term

**Trials held:** February

**Playing Day/s:** Wed After-School

**Venues:** Various

**Tournaments:** CSS, SISS, NZSS

**Costs (est):** \$30 (CSS), \$250 (SISS), \$750 (NZSS)

### TOUCH - TERMS 1 & 4

**Teacher in Charge:** Ms C. Phillips

**Subs (est):** \$30 per term

**Trials held:** Feb/Sept

**Transport:** own

**Playing Day/s:** Wed After-School

**Venues:** Various

**Uniform:** Junior - PE uniform, Seniors - Issued top - purchase black shorts

**Tournaments:** CSS, SISS, NZSS

**Costs (est):** \$20 (CSS), \$30 (SISS), \$900 (NZSS)

### VOLLEYBALL - TERMS 1 & 4

**Teacher in Charge:** Mr S. Ryburn

**Subs (est):** \$60 per term

**Trials held:** Seniors: Dec - Juniors: Feb

**Transport:** own

**Playing Day/s:** Mon After-School

**Venues:** Various

**Uniform:** Seniors: Issued top - Own black shorts Juniors: Issued top - Own PE shorts

**Tournaments:** NZSS, SISS (Sen & Jnr), CSS (Sen & Jnr), Australian SS

**Costs (est):** \$35 (CSS), \$1000 (NZSS), \$85 (SISS), \$2200 (ASC)

### WATER POLO - TERMS 1 & 4

**Teacher in Charge:** Sports Office

**Subs (est):** \$150

**Trials held:** Feb/Sept

**Transport:** own

**Playing Day/s:** Tues or Thurs evening (Mon Training)

**Venues:** Jellie Park or Rangi Ruru Pool

**Uniform:** Purchase own BHS cap and togs (optional). Issued top.

**Tournaments:** SISS (Sen & Jnr)

**Costs (est):** \$80 (SISS in ChCh), \$250 (SISS away)



## VENUES

Secondary school sport is played at various locations around Canterbury. To ensure matches start on time it is important that individuals competing know exactly where they need to be including the venue location, the facility location within the venue and car parking areas. There are many places to find out venue details:

- Visit the Sports Office who have venue maps and information.
- Visit [School Sport Canterbury](#) and view the specific sport page, most pages have up to date links to venue information. A **School Sport Canterbury App** is available from the App store, named SchSport Cant.
- Visit the sports draw on the Burnside High School homepage, each match has a link to the venue on google maps.

## RESULTS NOTIFICATION

It is important that all results from sports games are presented to the Sports Office the first school day after the completion of the sporting fixture. The TIC of each sport will arrange for captains to send through results after the completion of the sporting fixture.

## DEFAULTS

Defaults are a last resort and are to be avoided if at all possible. The Sport Office understands that in some circumstances defaults will occur, in these circumstances it is expected that the need to default is communicated to the Sports Office as early as possible and no later than interval on the day of the event for a midweek event, and no later than lunch time on Friday for a weekend event.

DO NOT leave messages on voice mail, as they may not be cleared in time.

### CONSEQUENCES

If late or no notification is received from a school team, and a pattern of defaults is noted, then the offending team will be withdrawn from the competition.

Remember that defaulting or failure to turn up to a scheduled sporting fixture reflects badly not only on the offending student, but also their team and the school. You are part of a community and your behaviour should reflect that.

## SPORTS UNIFORM

Each code and team will have uniform requirements as outlined in this handbook and the TIC will make arrangements with each student. For sports that do not have a specific uniform, school PE gear must be worn. All teams are required to wear their full sports uniform for all team photos as well as travelling to and from tournaments and competitions.

### UNIFORM PROVIDED BY THE SCHOOL

In some cases students are provided with sets of uniforms that remain the property of the school, and a hire charge will be included in the sport fees. It is the responsibility of the student to launder and ensure the uniform is kept in good condition. Students failing to return such gear will be invoiced for the cost of replacement.

### UNIFORM OWNED BY THE STUDENT

Sport clothing to be kept by players is fully charged to students and/or funded through fundraising or sponsorship. Costs for sport clothing kept by the student will be put on student accounts. Payment is required prior to receiving such gear.



## SPORTS FEES

The school sport budget aims to cover the costs of some coaching, equipment and school-based facilities. All sports incur a charge to help contribute to the regional and national sporting levies and affiliation, entry fees, coaching, umpiring, equipment and administration costs. Parents are advised of the sport fees either in this handbook or directly from the TIC prior to the competition commencing.

All sports fees are required to be paid in full prior to the first game of competition, or for a tournament prior to departure. Sports fees are paid via the parent portal, and instructions for this will be sent at the time of registering.

### **SPORT ADMIN FEE**

Each student is charged a \$15 sport admin fee to cover administration costs, School Sports Canterbury and Sports NZ fees. This needs to be accounted for when setting subscriptions. Summer sports can split this over the two terms \$7.50 Term 1 and \$7.50 Term 4.

### **NO PAY NO PLAY POLICY**

The school operates a “no pay no play” policy that will be strictly enforced. Families may apply to the Head of Sport to arrange payment plans, dispensation and/or hardship funding. Students that remain unfinancial will be removed from participating in all sport at BHS until funds are cleared.

## TRANSPORT

Students are responsible for their transport to and from games. In some cases, teachers or coaches will endeavour to ensure students

have some means of travel. Often this requires students to cycle to sport venues. For larger distances, students may need to travel by car, in accordance with the school's Bylaw Regulations. If teachers are not able to provide transport, it will be necessary for the students to arrange for parents/guardians to provide transport.

If parents' are able to help provide transport for their child's team they can contact the coach and/or manager to arrange this.

**Students with their own vehicles are not to take passengers in their car without the knowledge of the coach or manager of the team and without the written permission of the parents or caregivers of both the driver and the passengers concerned.**

Wednesday sports are scheduled to start at 3.15pm and will normally be finished by 4.30pm.

## FUNDRAISING

We encourage you to seek out and explore fundraising and sponsorship opportunities that may be of benefit to your child's team. It is our expectation that the students and families that stand to gain from the money raised take ownership of these opportunities and are the driving force behind them. From time to time teachers from the school may organise and run a fundraiser, but this is out of their own generosity and is not an expectation we can fairly place on them.

The school must approve all fundraisers and sponsorship. Please lodge any proposals for fundraising or sponsorship with the sport TIC



# AWARDS

## SPORTS AWARDS

The objective of the awards is to recognise outstanding achievement and performances from students during the year. These are presented at the Sports Awards evening held each year on the first Thursday of Term 4. Junior award recipients are awarded at their end of year prize-giving. The Sports Office are responsible for coordinating the awards evening. Respective TICs, coaches and managers nominate the recipients of the Sport Awards and the Sports Awards Committee, in consultation with TICs, will decide the Top Award finalists and recipients.

Each Sport Award recipient and each Top Award finalist will be emailed an invitation and required to attend a compulsory rehearsal held Tuesday prior to the Awards. The Awards dress code is formal and a supper is held afterwards for TICs, first team coaches/managers and Top Award recipients.

## AWARDS CRITERIA

### *PRINCIPAL'S DISTINCTION AWARDS*

#### SERVICE

Principal's Distinction Service Awards are awarded to students who have:

- Represented BHS as a member of the top team or group in their sport for three years **or** provided exceptional service to a sport as a coach, manager or official for three years.
- Displayed sportsmanship, fair play and leadership.
- Adhered to code of conducts and BHS values.
- Maintained high attendance at school, practices, games and events.

#### ACHIEVEMENT

Principal's Distinction Achievement Awards are awarded to students who have been selected into 'A' representative teams.

#### SERVICE AND ACHIEVEMENT

Principal's Distinction Service and Achievement Awards are awarded to students who are awarded both a Service and an Achievement award in the same sport.

#### *NZ SECONDARY SCHOOL TITLE AWARD*

NZSS Title Awards are awarded to students who are placed first in a NZ Secondary School tournament or competition during the year.

#### *NZ ROLL OF HONOUR AWARD*

NZ Roll of Honour Awards are awarded to students who are selected for NZ teams.

#### *TOP AWARDS*

**Contribution to Sport**

Awarded to a student who has made an outstanding contribution as a coach, official, or administrator and showed excellence and commitment to the sport and school.

**Junior Team of the Year**

Awarded to an outstanding junior team who has performed to an exceptional level and represented the school with distinction.

**Team of the Year**

Awarded to an outstanding team who has performed to an exceptional level and represented the school with distinction.

**Sportsman/ Sportswoman of the Year**

Awarded to an outstanding sportsman and sportswoman who has performed to an outstanding level and represented the school with distinction.

**Outstanding Achievement in Sport**

Awarded to an individual or team who has accomplished the most outstanding achievement during the timeframe.

**RETURN OF CUPS/TROPHIES**

Winners of cups and trophies will hold on to these for a year before they are required to return them to the Sports Office at the end of August the following year. Year 13 winners will return their cups and trophies the year they receive the award, prior to signing out.

## COLOURS

Colours for team sports are awarded to students who have represented BHS as a member of the top team in their sport code during the current year. There must be evidence of commitment, discipline and hard work with a minimum 80% attendance at practices, games and events. Students receive Silver after one year and Gold after two years of representation. After two years the student is eligible for a Principal's Distinction Award for

Service to their sport. Colours for individual sports are considered for students who have gained a top three individual placing at a Secondary School Regional, South Island or National event.

Colours badges are awarded at assemblies throughout the year.

## ZONTA AWARDS

Zonta Sports Awards are held annually the last Thursday in October and are coordinated by School Sport Canterbury and organised and presented by the Zonta Club of Christchurch South. The school nominates students across six different categories and will notify finalists in October. In the past our students have been Zonta finalists and winners across various categories.

## ACHIEVEMENT

It is important to the school to celebrate and share sport successes. We hear a number of these during the year; however, we also need you to let us know of these. All student successes such as selection into representative teams or achievements in sporting competitions outside of school can be emailed to the [Sports Office](#) to ensure successes are promoted throughout the school and community.

## TEAM PHOTOGRAPHS

Team photos for top teams are organised by the Sports Office and are held in August. A timetable will be communicated to all top teams and individuals. Players are to ensure they arrive ten minutes before the due time dressed in correct playing uniform including footwear.



# REGISTRATION AND OBLIGATION

## REGISTRATION PROCESS

Sport information and registration details will be advertised through the school website, Facebook, assemblies and daily notices. Registration dates for summer and winter sports codes will be advertised on the Student Daily notices, students are encouraged to check these regularly.

To be involved in sport, students first need to register for a sport with the TIC. Teams will be formed once registration is closed and the numbers of interested students are known. Selection into top teams will be based on trials and previous playing years' history such as team commitment, cooperation with others, sportsmanship and financial commitments.

Players will be required to sign code of conduct and player agreements and are expected to follow through on their commitments and communicate clearly and early if there are any changes of plans for legitimate reasons.

Payment of sports fees will be required at this time in full prior to the first competition game. BHS operate a 'no pay no play' policy which means unfinancial students will not be permitted to participate in sport until all debt is cleared.

Fees vary for each sport and these fees contribute to the regional and national sporting levies and affiliation, entry fees, coaching, umpiring, equipment and administration costs.

## KEY DATES FOR 2023

Summer Sports Term 1 begins	Feb 15	Winter Sport Term 3 begins	Jul 19
BHS Athletic Sports	Feb 16 & 17	Team Photographs	Jul 28
BHS Swimming Sports	Feb 14	Winter Sport Term 3 ends	Aug 16
Summer Sports Term 1 ends	Mar 22	Winter Tournament Week	Aug 28-Sept 1
Summer Tournament Week	Mar 27-31	Summer Sports Term 4 begins	Oct 11
BHS Cross Country	Apr 27	Sports Awards	Oct 12
Winter Sports Term 2 begins	May 17	Zonta Sports Awards	Oct 26
Winter Sports Exchange	Jun 13	Summer Sport T4 ends	Nov 15
Winter Sport Term 2 ends	Jul 28		

# CODE OF CONDUCT FOR PLAYERS

Students representing the school in sports are encouraged to strive for excellence in presentation, preparation and performance so that the team and the individual become the best they can be.

## BURNSIDE HIGH SCHOOL STUDENTS:

- ✓ Abide by the school's rules and values at all times.
- ✓ Always play by the rules.
- ✓ Respect the policies and decisions of the coach.
- ✓ Attend all meetings, practices, games and other activities as required on time and train and play to the best of their ability.
- ✓ Notify the coach/manager of any unavailability at least one week prior to the playing date.
- ✓ Remain committed to the team, coach, and team manager for the duration of the season and work equally hard for the team and themselves.
- ✓ Play with sportsmanship, respect their coach, team, opponents, officials and supporters.
- ✓ Wear appropriate team uniform at all times.
- ✓ Care for and respect the equipment and facilities.
- ✓ Disclose to the best of their knowledge any medical or physical disabilities likely to prove detrimental to others or their own well-being during the season.
- ✓ Pay, in full, by the required date, all associated sports fees.
- ✓ Maintain 80% attendance across the year.

## GUIDELINES

- All participants must satisfy the requirements of Code of Conduct for Players.
- Coach/manager has the authority to deal with, using reasonable means, players who are deemed to have committed a minor breach of their roles and responsibilities.
- Any major breach or inappropriate behaviour that occurs outside the school or causes harm to another individual falls outside the coaches/managers jurisdiction and the school will be notified of the offence.

## PROCEDURE

If the player continually breaches the Code of Conduct for Players or commits an offence that falls outside the coach/manager jurisdiction the coach will:

- Approach the offending student to resolve the issue and inform the player that the behaviour is inappropriate and that the school will be notified of the incident.
- In the case of the offence occurring during a competition, the student's parents can be notified and requested to come and remove the student from the competition. In the case a parent cannot be contacted the student may be sent home at the expense of the parent.
- The Sports Office will be notified of the incident.
- The Sports Office along with the Head of Sport will deal with the incident accordingly.

## COMMITMENT

Please consider carefully before making your decision to join a sport. When you join a team you are expected to be fully committed to that team, attending all meetings, practices and games. Students who do not follow these rules will be withdrawn from the team and their future participation with sport at Burnside High School may be compromised.

Likewise, if you withdraw from a team you will not be permitted to play sport, in any code, for Burnside High School that season.



# CODE OF CONDUCT FOR PARENTS

## ***CODE OF CONDUCT FOR PARENTS, SPECTATORS AND SUPPORTERS:***

Parents are the most influential role models in their children's lives. Expected behaviour is to:

- ✓ Be a positive role model for their child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches and officials regardless of the game's outcome.
- ✓ Demand that children follow the rules and treat other players, coaches, officials and spectators with respect.
- ✓ Respect the policies and decisions made by the coach or school.
- ✓ Recognise and value the importance of volunteer coaches who give their time and resources to provide recreational activities and opportunities for students.
- ✓ Let the coach do their job and refrain from distracting players by telling them what to do.
- ✓ Remain outside the field of play, away from coaches, and within the designated spectators' area (where provided).
- ✓ Respect officials' decisions and teach young people to do the same. Issues to be raised through the appropriate channels and not by questioning the official's judgement and honesty in public.
- ✓ Emphasise skill development and practice by encouraging continued effort.
- ✓ Go through the TIC or Sports Office to deal with any issues.

Failure to abide by the aforementioned rules and guidelines may be subject to the following disciplinary action:

- Verbal warning by a designated official
- Written warning
- Removal of the parent/caregiver's child from sport

***A COPY OF THE PARENT / STUDENT AGREEMENT CAN BE FOUND ON THE SCHOOL WEBSITE  
SPORT PAGE.***

# CODE OF CONDUCTS

## ***CODE OF CONDUCT FOR OFFICIALS:***

- ✓ Control the game in a fair and positive manner.
- ✓ Be consistent and objective in your rulings.
- ✓ Modify your approach to suit the level of player skill.
- ✓ Help players learn the rules by explaining decisions where appropriate.
- ✓ Do what you can to make sure that everyone enjoys the game.
- ✓ Encourage fair play and not tolerate foul play of any kind.
- ✓ Be a positive role model.

## ***CODE OF CONDUCT FOR COACHES AND MANAGERS:***

Coaches will model the BHS values of respect, pride and excellence at all times and:

- ✓ Actively discourage foul play and/or unsportsmanlike behaviour by players.
- ✓ Seek to maximise the participation and enjoyment of all players regardless of ability.



- ✓ Be reasonable in your demands on players' time, energy and enthusiasm.
- ✓ Ensure that time players spend with you is a positive experience. All players are deserving of equal opportunities and attention.
- ✓ Ensure that you communicate clearly with players and parents (where applicable) about your expectations of the players and parents, or why decisions are made.
- ✓ Show concern and caution towards all sick and injured players. Follow the advice of a physician when determining the return of an injured player.
- ✓ Teach players that an honest effort and competing to the best of their ability is as important as outcomes.
- ✓ Maintain an appropriate professional relationship with players at all times.
- ✓ Operate within the rules and spirit of the sport and teach players to do the same.
- ✓ Always consider the health, safety and welfare of players.
- ✓ Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- ✓ Ensure that your coaching reflects the level of the competition being played, i.e. not a 'win-at-all-costs' coach.
- ✓ Maintain a positive relationship and open communication with BHS.
- ✓ As coach, conduct yourself at all times in a manner and in all situations that shows leadership and respect for the sport and respect for all those involved, i.e. the players, officials, other coaches, supporters and parents.

## RESPONSIBILITIES

### STUDENT SPORTS COUNCIL

The Sports Department select the Sports Leaders and Sports Council in Term 4 the previous year. Students are given opportunity to apply to be a Sports Leader or a member of the Sports Council.

Applicants will be selected based on the below criteria:

- Commitment to playing, coaching and/or managing sport within the school.
- Show evidence of contribution to the team/group and display fair play sportsmanship, and leadership.
- Maintain high attendance at school, demonstrating a high standard of behaviour in all school situations.
- Smart appearance when representing the school.

- A trustworthy, reliable, helpful and cooperative manner and character.

The Sports Council promote participation and support in all sports and are available to attend school sporting events as volunteers to assist with marshalling, scoring, supervision and coordination. The Sports Council is responsible for promoting and running lunchtime sports activities to get students more involved in sport.

Sports Council Leader Responsibilities:

- Be the face of BHS Sport.
- Lead the Sports Council.
- Run Sports Council meetings as required (monthly).
- Encourage contribution of ideas in council.
- Be a role model for peers and juniors in sport.
- Assist in the Sports Office whenever possible.



- Presentation of Colours Awards and MC at the Sports Awards Ceremony.
- Promote sport at assemblies.
- Along with the Sports Council, run lunchtime sport activities and events.
- Along with the Sports Council, help with the school Athletic Sports, Swimming Sports and the school Cross Country.
- Promote sport around the school.

#### Student Sports Council Responsibilities:

- Provide lunchtime activities that allow student participation and enjoyment.
- Promote participation in sport around the school.
- Encourage junior involvement in sport.
- Attend lunchtime meetings when requested.
- Help the Sports Office when required.
- Lunchtime sports equipment duties.
- Assist TICs with sport duties when required.

## TEAM CAPTAIN ROLE

The role of the team captain is to:

- Liaise with the coach, manager and team.
- Ensure team displays good sportsmanship and represent the school and themselves in a correct and responsible manner.
- Take a lead in encouraging the team at practice, team meetings and games.
- Meet and welcome the opposition, and thank them after the game and promote sportsmanship.
- Assist coaches with gear at practices and games and ensure players do this as well.
- Write an article for the school magazine at the end of the year. This includes organising photos to support the article.

## PLAYER ROLE

The role of the player is to:

- Attend and be on time to all practices and meetings.
- Abide by the rules of the sport at all times.
- Play fairly, and show sportsmanship towards other players, coaches, parents, spectators and officials.
- Wear the appropriate team uniform at all times.
- Respect the equipment and facilities at all times.
- Be committed to the team, coach and school.
- Use appropriate and acceptable language.
- When making appointments or other personal arrangements, endeavour to avoid meeting times, practice times and game times.
- Attend school and other sports awards if required.

The important thing is that everyone knows what their responsibilities are and that there are consequences for those who don't uphold them. School rules apply at school, travelling to and from school, on school trips, or when students are associated with a school activity.

## GAME TIME POLICY

Members in top sporting teams are not guaranteed equal game time. Some players may get more or less game time than other players. Coaches and managers are committed to developing all players and will use their discretion in factoring in game time and positions to achieve the best possible performance for the team.

### **TOURNAMENT GAME TIME**

During tournaments, some players may get little or no game time, but team ethic to fully support the players on and off the court is mandatory. Starting players need a bench that is supportive and players need to be ready to compete when required.

that is supportive and players need to be ready to compete when required. Secondary school tournaments provide a learning environment where players can develop skills and tactics required to perform to the best of their ability regardless of the amount of time spent competing. Coaches Secondary school tournaments provide a learning environment where players can develop skills and tactics required to perform to the best of their ability regardless of the amount of time spent competing. Coaches cannot promise game time and this is a reality of competing at secondary school sport tournaments.

The coaches will decide the starting line up and make changes throughout the match, as they deem appropriate. Wherever possible they will do their best to get each player some game time but this is not guaranteed. Match circumstances and opposition match up will be considered in deciding game rotations and playing positions and these decisions should be accepted and respected.

## CONCERNS

If an issue arises relating to extra-curricular sport, it needs to be brought to the attention of the team manager, TIC or Sports Office. All issues and complaints are taken seriously and will align with the school complaints process.

### TEAM FORMATIONS

If there are any issues with team formation then please contact the TIC to discuss the problem. Should the issue remain unresolved the TIC will discuss the issue further with the Sports Office and the complainant.

Should a resolution not be reached, the Head of Sport will be advised of the issue and will assist with a resolution.

### CODE OF CONDUCT

Should there be any minor issues arising that contradict the Sports Code of Conducts they need to be raised with the TIC and Sports Office to fully discuss the concerns. All major concerns and actions will be brought to the attention of the Head of Sport to assist with a resolution if required.

All issues and complaints are taken seriously and will align with the school complaints process.

## HEALTH AND SAFETY

The coach/manager is responsible for the welfare/health of the students while they are representing the school at sport. Generally all teams carry first aid equipment. When a sport participant is injured, the safety of the player is the top priority. If an injury is seen to be minor the coach/manager will use his or her own professional judgement as to whether the player can continue. If there is doubt over the extent of the injury it will be treated as serious and the coach/manager will follow steps to treat the injury, contact caregivers and record the injury with the school.

It is the responsibility of parents to inform the school of any health problems likely to affect a student's participation in sport and keep medical information updated. The TIC will ensure coaches have medical information for each player.



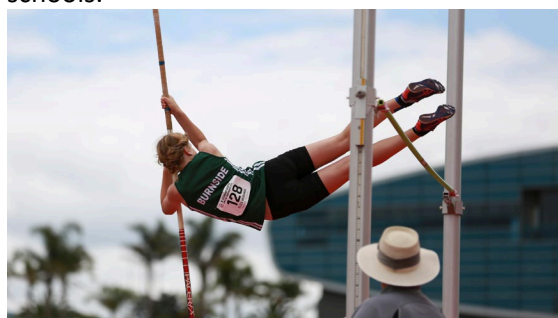
# SCHOOL SPORTS

## SPORTS EXCHANGE

Students have opportunities to participate in inter-school exchanges with other schools. The Sports Office coordinates an annual Winter Sports Exchange with Ashburton College during Term 2. Both schools take turns hosting the exchange. Students who are participating in the exchange will receive a permission slip for their parents/caregivers, which needs to be completed and returned prior to the exchange.

## ATHLETICS SPORTS

Athletics is held in Term 1 over two days at BHS. Athletes register online for various events and compete for placings and school records. Athletes are encouraged to participate in divisional colours. Athletes who receive placings have the opportunity to compete against other athletes from various Canterbury schools.



## CROSS COUNTRY

The school Cross Country is held during Term 2. The course distance is 3km for Years 9-11 and 4.5km for Years 12-13. The Cross Country is compulsory for Years 9 and 10 but all years are encouraged to compete. Athletes placed in the top 20 of each age grade are eligible to compete in the Canterbury Secondary Schools Road Race and Cross Country Championships in May/June. School results go towards discovering the top class in each year group and individual results are added to the divisional points tally.

## SWIMMING SPORTS

Swimming Sports is held in Term 1 over one day with registration on the day. Competing is not compulsory but athletes are encouraged to participate. Swimmers can enter in individual events and relays as well as compete for top class and divisional points.



## DIVISIONAL POINTS

There are four divisions within the school. Divisional points are recorded throughout the year for various sporting activities. Students earn points for their division competing in Swimming Sports, Athletic Sports, Cross Country, Ki o Rahi and other activities that change from year to year.

## LUNCHTIME SPORT

Sport equipment is available for all students to borrow during lunchtimes (apart from wet lunchtimes). A range of sporting gear can be borrowed from the Sports Office. To check out gear students will need to leave behind a Cando card or school bag, which is kept till the gear is returned at the end of lunchtime.

The Student Sports Council will run a range of lunchtime sport activities for students throughout the year and these will be publicised through assemblies, the Burnside High website and the school notices.

